

# Division of Health, Physical Education, and Recreation

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The Division of Health, Physical Education, and Recreation contributes to the mission of Jones County Junior College by providing personnel, programs, and facilities that (1) enhance the growth of students in the disciplines of health, physical education, and recreation and (2) contribute to the development of total fitness through a variety of activities in the physical education program.

## PRE-PHYSICAL EDUCATION/RECREATION/HUMAN PERFORMANCE

<b>Orientation (2 hours)</b>	<b>Credit Hours</b>
LLS1312 Orientation .....	2
<b>English Composition &amp; Public Speaking (9 hours)</b>	
ENG1113 English Composition I .....	3
ENG1123 English Composition II .....	3
SPT1113 Public Speaking .....	3
<b>Math (3 hours)</b>	
MAT1313 College Algebra (or higher math) .....	3
<b>Lab Science (select 16 hours)</b>	
BIO1134 General Biology I .....	4
BIO1144 General Biology II .....	4
BIO2514 Anatomy & Physiology I .....	4
BIO2524 Anatomy & Physiology II* .....	4
CHE1214 General Chemistry I** .....	4
<b>Humanities (9 hours)</b>	
ENG2413 World Literature .....	3
HIS1113 Western Civilization I .....	3
HIS1123 Western Civilization II .....	3
<b>Fine Arts (select 3 hours)</b>	
ART1113 Art Appreciation .....	3
MUS1113 Music Appreciation .....	3
<b>Social Science (9 hours)</b>	
PSY1513 General Psychology and .....	3
SOC2113 Introduction to Sociology .....	3
<i>plus</i>	
ECO2113 Economics I or .....	3
GEO1113 World Geography or .....	3
PSC1113 American National Government .....	3
<b>HPR (8 hours)</b>	
HPR1111 Physical Education I and .....	1
HPR1121 Physical Education II and .....	1
HPR1313 Introduction to HPR .....	3

plus select 3 hours from .....	
HPR2111 Physical Education III .....	1
HPR2121 Physical Education IV .....	1
HPR2443 Athletic Training & Treatment .....	3
HPR2462 Major Sports (football & track)+ .....	2
HPR2472 Major Sports (basketball & baseball)+ .....	2

**Other (6 hours)**

CSC1113 Computer Concepts .....	3
FCS1253 Nutrition*** .....	3

\*Required in some HPR programs (e.g. kinesiology, sports medicine)

\*\*Required in some HPR programs (e.g. exercise science)

\*\*\*Required in some HPR programs (e.g. kinesiology, recreation, exercise science)

+Elective for HPR programs (e.g. coaching)

**PRE-SPORTS MEDICINE****Orientation (2 hours)****Credit Hours**

LLS1312 Orientation .....	2
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**English Composition & Public Speaking (9 hours)**

ENG1113 English Composition I .....	3
ENG1123 English Composition II .....	3
SPT1113 Public Speaking .....	3

**Math (6 hours)**

MAT1313 College Algebra .....	3
MAT1324 Trigonometry .....	3

**Lab Science (16 hours)**

BIO1134 General Biology I .....	4
BIO2514 Anatomy & Physiology I .....	4
BIO2524 Anatomy & Physiology II .....	4
PHY2254 General Physics I .....	4

**Humanities (9 hours)**

ENG2413 World Literature .....	3
HIS1113 Western Civilization I .....	3
HIS1123 Western Civilization II .....	3

**Fine Arts (select 3 hours)**

ART1113 Art Appreciation .....	3
MUS1113 Music Appreciation .....	3

**Social Science (9 hours)**

PSY1513 General Psychology and .....	3
SOC2113 Introduction to Sociology .....	3
<i>plus select 3-6 hours from</i>	
ECO2113 Economics I .....	3
EPY2533 Human Growth & Development .....	3
GEO1113 World Geography .....	3
PSC1113 American National Government .....	3

**HPR (5 hours)**

HPR1111 Physical Education I .....	1
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HPR1121 Physical Education II .....	1
HPR2443 Athletic Training & Treatment .....	3
<b>Other (select 6 hours)</b>	
BAD2533 Business & Micro. Computers .....	3
CSC1113 Computer Concepts .....	3
FCS1253 Nutrition .....	3

**PRE-SPORTS AND HIGH PERFORMANCE MATERIALS**

<b>Orientation (2 hours)</b>	<b>Credit Hours</b>
LLS1312 Orientation .....	2
<b>English Composition &amp; Public Speaking (9 hours)</b>	
ENG1113 English Composition I .....	3
ENG1123 English Composition II .....	3
SPT1113 Public Speaking .....	3
<b>Math (12 hours)</b>	
MAT1313 College Algebra * .....	3
MAT1324 Trigonometry .....	3
MAT1613 Calculus I .....	3
MAT1623 Calculus II .....	3
<b>Lab Science (16 hours)</b>	
BIO2514 Anatomy & Physiology I .....	4
BIO2524 Anatomy & Physiology II .....	4
CHE1214 General Chemistry I .....	4
CHE1224 General Chemistry II .....	4
CHE2424 Organic Chemistry I .....	4
<b>Humanities (9 hours)</b>	
ENG2413 World Literature .....	3
HIS1113 Western Civilization I .....	3
HIS1123 Western Civilization II .....	3
<b>Fine Arts (select 3 hours)</b>	
ART1113 Art Appreciation .....	3
MUS1113 Music Appreciation .....	3
<b>Social Science (9 hours)</b>	
PSY1513 General Psychology .....	3
<i>plus select 3-6 hours from</i>	
ECO2113 Economics I .....	3
GEO1113 World Geography .....	3
PSC1113 American National Government .....	3
SOC2113 Introduction to Sociology .....	3
<b>HPR (4 hours)</b>	
HPR1313 Introduction To HPR+ .....	3
HPR1111 PE Activity I+ .....	1
<b>Other (select 6 hours)</b>	
BAD2533 Business & Micro. Computers .....	3
CSC1113 Computer Concepts .....	3

FCS1253 Nutrition.....3

\* Prerequisite for Calculus (unless ACT exempt)

+ Not requirement at USM.

## SPORTS MANAGEMENT

**Orientation (2 hours)** **Credit Hours**  
 LLS1312 Orientation .....2

### English Composition & Public Speaking (9 hours)

ENG1113 English Composition I .....3

ENG1123 English Composition II .....3

SPT1113 Public Speaking.....3

### Math (6 hours)

MAT1313 College Algebra.....3

MAT1324 Trigonometry .....3

### Lab Science (12 hours)

BIO1134 General Biology I.....4

BIO2514 Anatomy & Physiology I.....4

BIO2524 Anatomy & Physiology II + .....4

### Humanities (9 hours)

ENG2413 World Literature.....3

HIS1113 Western Civilization I .....3

HIS1123 Western Civilization II .....3

### Fine Arts (select 3 hours)

ART1113 Art Appreciation .....3

MUS1113 Music Appreciation.....3

### Social Science (9 hours)

PSY1513 General Psychology.....3

*plus select 6 hours from*

ECO2113 Economics I.....3

GEO1113 World Geography.....3

PSC1113 American National Government .....3

SOC2113 Introduction to Sociology.....3

### HPR (select 3 hours)

HPR1313 Introduction to HPR .....3

HPR1111 Physical Education I .....1

HPR1213 Personal & Community Health .....3

HPR2462 Major Sports (football & track).....2

HPR2472 Major Sports (basketball & baseball).....2

### Other (select 9 hours)

ACC1213 Accounting I.....3

BAD2412 Legal Environment of Business.....3

CSC1113 Computer Concepts .....3

Plus additional non-developmental classes to total at least 64 hours

+ Not requirement at USM