

SPORTS MEDICINE & THERAPEUTIC RECREATION

(PHYSICAL EDUCATION: HUMAN PERFORMANCE AND RECREATION)

JCJC CURRICULUM SHEET

The sample program of study illustrated prepares the student to enter further studies at USM and complete requirements to enter one of two areas offered in Physical Education: Sports Medicine or Therapeutic Recreation Emphasis.

Graduates of these areas find employment opportunities working in such environments as V.A. Centers, convalescent homes, athletic trainers, private practice under a physician (often orthopedists), fitness centers, wellness settings, hospitals, and rehabilitation centers.

FRESHMAN YEAR

ENGLISH COMPOSITION (6 HRS) *

ENG 1113 English Comp. I 3
ENG 1123 English Comp. II 3

HISTORY (6 HRS) *

HIS 1113 Western Civ. I 3
HIS 1123 Western Civ. II 3

SOCIAL SCIENCES (6 HRS) *

PSY 1513 General Psychology 3
SOC 2113 Sociology 3

FINE ARTS (Select 3 HRS) *

ART 1113 Art Appreciation **or**
MUS 1113 Music Appreciation **or**

MATH (3 HRS) *

MAT 1313 College Algebra 3

BIOLOGICAL LAB SCIENCE (Select 4 HRS)

BIO 1134 General Biology I 4
BIO 1414 Zoology 4
BIO 2414 Zoology I 4

Select one course from Biology or Chemistry to satisfy prerequisite for A&P in soph. year.

PHYSICAL LAB SCIENCE (4 HRS)

CHE 1214 General Chemistry I+ 4
+Required for the Exercise Science Specialization.

PHYSICAL EDUCATION (2 HRS)

HPR 1111 Phy. Ed. Activity I 1
HPR 1121 Phy. Ed. Activity II 1

***Required core courses**

SOPHOMORE YEAR

LITERATURE (3 HRS)

ENG 2413 World Literature* 3
ENG 2323 English Literature I (Elective) 3

SOCIAL SCIENCE (3-6 HRS)

EPY 2533 Human Growth & Dev. 3
PSC 1113 Am. Nat. Government 3
GEO 1123 Geography 3
ECO 2113 Economics I 3

COMPUTER SCIENCE (3 HRS)

CSC 1113 Computer Concepts 3
BAD 2533 Bus. & Micro. Comp. 3

BIOLOGICAL LAB SCIENCE (8 HRS) *

BIO 2514 Anat. & Physiology I+ 4
BIO 2524 Anat. & Physiology II 4
+ Prerequisite is one lab science course in biology, zoology, or chemistry.

SPEECH (3 HRS)*

SPT 1113 Speech 3

HEALTH (3 HRS)*

HPR 2443 Athletic Train./Treat. Injuries 3

NUTRITION (3 HRS)*

FCS 1253 Nutrition 3

***Required core courses**

SPORTS MEDICINE & THERAPEUTIC RECREATION -- NOTES:

Electives are included on the Curriculum Sheet to permit the student flexibility in selecting any one of the available emphases.

Students without an adequate high school math background, which includes a minimum of Algebra II, should enroll in a preparatory math course, such as Basic Math, Beginning Algebra or Intermediate Algebra, prior to College Algebra. Preparatory math courses will not transfer to other institutions.

Students without a high school background in chemistry should enroll in CHE 1114, Basic Chemistry. While this courses will not transfer to a senior institution, it does provide the student with the opportunity for successful work in any required general chemistry course(s).

Additionally, students should plan to complete no more than half of the hours required for a bachelor's degree prior to transferring to the senior institution. The student should consult the catalog of the senior institution for specific admissions procedures and other details concerning the program of study.

This CHECK SHEET should be used to keep a careful record of grades for each of the courses and should be presented to the student's advisor for planning the schedule of courses each semester at JCJC.